

# 2014 Activity Report

### Our vision

To help the less privileged in our motherland Africa

### Our mission

To encourage members of the communities we currently live in to join hands with us to give back to our originating communities by providing opportunities to poor individual women and children

### Our Strength

Is drawn from our life experiences and opportunities while residing in more privileged societies outside our countries. We believe that giving should be a voluntary and pleasurable experience.

### Our vision

We are inspired by Michael Jackson's song: "The Man in the Mirror"..." I'm starting with the man in the mirror, I'm asking him to change his ways, If you want to make the world a better place, take a look at yourself and make that change".



### Introduction

In 2014 several countries in the world were hit with numerous devastating and tragic events and natural disasters ranging inter alia from: volcano, typhoon, airplane crashes, wildfires, snowstorms, Philippines, wildfires, earthquakes, floods. "Mama" Africa, was not spared either, fraught with drought, floods, tropical cyclones, airplane crashes, earthquakes, and recently the Ebola disease and drowning of migrants.

It is a well-established fact that, it is the poor that suffers when tragedy occurs. The international community is doing its best through various initiatives and programmes. Non-governmental organizations and the civil society also play their part. But the job is far from over.

Yea, also in African there are numerous Non-

governmental organizations doing the best in their area of focus. However, as Africans, we are very much aware that all these humanitarian efforts hardly reach the lessprivileged in the grassroots communities or villages. It is for this reason that Harambee 4 Africa (H4A) was born - to bring people together to contribute to making a difference, no mater how little, in the lives of the less privileged, at the grassroots level.

In its sixth year of existence, and with the support of its guests at its yearly fundraising events, H4A has supported several grassroots ventures in Botswana, Ghana, Kenya, Liberia, Nigeria, Sierra Leona and, Uganda. In 2014, H4a organized two fundraising events: its annual yearly gala dinner/ dance in May and a soul night in December. In addition to its regular countries of support

(Ghana, Kenya and Nigeria), proceeds from its 2014 events also went to support children orphaned by the Ebola disease and an adoption process for a baby in the Democratic Republic of Congo.

The financial breakdown for 2014 is in the following pages. The unedited reports received from the individual local NGOs that H4A supported in 2014 including a list of future needs.

We have been able to do all this with your continuing support by attending our events. H4A will not stop its efforts to help the less privileged in grassroots communities in Africa, no matter how small. Because, these small things can occupy the biggest parts of the heart of those we help.

### Our objectives

- Provide opportunities for self- help through skill development and enhancement
- Provide support for the development of micro credit.
- Sponsor abandoned and orphaned children.
- Tackle discrimination in all its forms against women and children.
- Providing access to finance poor women who have no access to any type of collateral required by formal finance bodies.
- Provide educational opportunities to young children who would other- wise not have had it.
- Promote and protect the health of pregnant women and children.

### Financial breakdown

Item	CHF	Expenditure CHF	Disbursement CHF
Income items			
April dinner/dance	20,088	1	
(tickets, auctions, raffles)			
December soul night and Karaoke	3,153		
UNFCU donation	1,290		
Total income	25,378		
Expenditure			
April dinner/dance		6,490	
(hotel, entertainment etc.)			
December soul night and karaoke		2,251	
Total expenditure		8,741	
Disbursements for projects			
DRC			1,000
Ghana			2,500
Kenya			3,500
Kenya (UNFCU)			1,290
Nigeria			3,500
Sierra Leone		1	4,000
Total disbursed		1	15,790

### How to support us

Partnering with H4A through:

- Sponsoring Events
- Gifts contribution for raffle prizes
- · Cash Donations (see bank details)

### Bank Details

Swiss Bank: UBS AG, 1202 Geneva-

OMS2

Account Name: Harambee 4Africa

Projects Group

Account #: 279-103660

IBAN: CH1300279279103660M1 M BIC/SWIFT: UBSWCHZH80A

### Our sponsors









SAFI AWASH Vieux Bois

25 rte de Sauverny, 1290 Versoix, Phone: +41 (0) 79 405 5414 /788 2389 /79 245 5862 E-mail: <a href="mailto:harambe4africa@gmail.com">harambe4africa@gmail.com</a> Email: <a href="mailto:harambe4africa@gmail.com">harambe4africa@gmail.com</a> Emailto: <a href="mailto:harambe4africa@gmailto:harambe4africa@gmailto:harambe4africa@gmailto:harambe4africa@gmailto:harambe4africa@gmailto:harambe4afric

# Congo (Democratic Republic of)

On January 7 2014 a young girl went to the Kinshasa-Masina hospital to deliver a baby and left without the baby. In the afternoon, the hospital staff found the baby still uncleaned from birth under the bed. The hospital staff waited for 3 days but the mother never returned to the hospital. A social worker reported the incident and placed the baby in a small orphanage near the hospital. The baby, at 8 months old was introduced to a Missionary family of 5 in France looking to adopt an orphaned baby. The legal papers for the adoption were completed in July. However the exit paper from the local authorities is not yet processed. The baby was moved from the orphanage and placed in the care of an international missionary family in Kinshasa until the exit paper is ready. H4A contributed a total of CHF1,000 to help the upkeep of the baby with the foster parents, and to provide food rations to the orphanage. As of today the baby is still in Kinshasa. It is anticipated that she will be released before the second half of 2015.





### FATHER'S HOME CARE MINISTRIES

Father's Home Care Ministries is Christian NGO with license number ARH/WR/002/11 and registration numbers, D.S.W/1563 and G-8938 from both the Social Welfare and Registrar General's Departments.

We are located near Takoradi Polytechnic School of Business Studies, BU campus in the Sekondi-Takoradi Metropolis.

The ministry seeks to **build a sense of belonging** among children; particularly orphans, street children and vulnerable children; needy youth to acquire employable skills and single but needy parents in the care of their children.

### PROFILE:

**Vision:** To transform the lives of children and young people who pass through our doors.

### Objectives:

- 1. Assist children who are victims of neglect, divorce and in need of care and protection towards—achieving self—fulfillment and realization.
- Assist children who are orphans and paupers to realize their full potentials so as to be self-reliant and contribute towards Nation Building.
- 3. Identify vulnerable youth and assist in their human resource development.
- 4. Assist single parents in the care and upbringing of their children.
- 5. Carry out Social and Public Education Programmes with the Department of Social Welfare, on Child Right and Protection.
- 6. Identify Street Children, register and rehabilitate them.
- Established January 07, 2001
- Started with 7 children now has 70 children in three categorized departments:
  - 1. Children's Home 9 children living with two couples in 2 separate apartments at Anto aged between 2 and 12 years as well as 5 toddlers below age 2 living with a single mother in a separate apartment.
  - 2. Youth Development Centre -

27 young people aged between 13 and 22yrs;

- Children in temporary custody
- 3 children living at the YDC temporarily
- 3. Children outside home
- 26 young people who are cared for in their education
- Services provided housing, clothing, health, education, moral, social, psychological and spiritual development through care, love and protection.

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	- •			
•	Educ	ationa	al I	evels

•	Nursery	-	3	<ul><li>Pre- tertiary</li></ul>	-	8
	Kindergarten	-	2	<ul><li>Tertiary</li></ul>	720	12
•	Primary	-	15	<ul> <li>National Service</li> </ul>	-	2
•	Junior High	-	10	<ul> <li>Special needs</li> </ul>	-	3
•	Senior High	-	10	<ul> <li>Skill Training</li> </ul>	-	1

- Support single parents to engage in small scale business to take care of their children
- Currently have 2 couples and a single parent at Anto, and 5 parents at BU who take care of the children
- Currently have a poultry farm with 195 layers who are laying eggs for sale and 915 pullets (layers who have not started laying) with a farm director and a farm assistant managing the farm
- Have 5 Board members who support the parents to take care of the children

### Project

### Children's village at Anto

- Family apartments where couples will live with the children.
- Have built a playground for the children to play and exercise

### Achievements

- Have supported and integrated 74 children since 2001
- Have supported 6 single parents in small scale businesses
- Have trained 9 young people in employable skills i.e. photography, batik tye/dye, catering, aluminium fabrication, hairdressing, dressmaking.
- Have successfully started poultry farm with about one thousand, one hundred layers(1,100) i.e 195 who are laying and 915 who are yet to lay

### **❖** Future Plans

- To develop a school from KG to JHS to provide quality education to our kids and the kids from the nearby villages
- To develop the remaining residential blocks and administration of the village
- To continue the agricultural farm consisting of poultry, maize, vegetables, cassava, fish and piggery.



# **FATHER'S HOME CARE MINISTRIES**

P.O. Box 1422 TD, Takoradi, Ghana, West Africa

This is a report of acknowledgement of financial support received from Mrs. Faustina Coleman-Appiah in support of tertiary education of some of the children in the ministry which is elaborated in the table below:

Name	Level	School	Programme	Aspect of Support	Amount GH¢
Mabel Esi Andoh	100	Takoradi Polytechnic	Fashion Design	Accommodation	500.00
Justin Yaw Nkrumah	100	University College of Management Studies	Accounting	Accommodation	500.00
Diana Azanebakoh	100	University College of Management Studies	Human Resource	Accommodation	500.00
Mary Margaret Dakurah	100	Eagleheight University College	Health Assistantship	Accommodation	400.00
Michael Agbleke	100	University of Education, Winneba	Biology	Fees, Accommodation, Food& Transportation	3,109.20
Selina Williams	100	Kwame Nkrumah University of Science & Technology	Biological Science	Fees, Accommodation, Food& Transportation	2,435.00
Total Amount					GH¢7,444.20

The ministry also reports on the wardrobes built for the children's rooms at Anto as well as receiving 10 student mattresses which were donated to the ministry whose pictures are attached by mail accordingly. We acknowledge receipt of all these support and are grateful to Mrs. Coleman-Appiah through whose benevolence we received these items. We are also grateful to whoever gave so that we could receive and ask for God's blessings and protection.



**Andoh Mabel** 



**Azanebakoh Dinah** 



Nkrumah Y. Justin



Agbleke Michael K.



Williams Selina



Dakurah Mary Margaret



# **PICTURES FROM GHANA PROJECT**



















Kenya 1

# FOUNDATION FOR ARID AND SEMI-ARID LANDS (FASAL) ANNUAL NARRATIVE PROGRESS REPORT-2014

### **INTRODUCTION:**

Foundation for Arid and Semi- Arid Lands (FASAL) continued to provide its service to the communities living in Central District, Marsabit County. The financial handicap experienced at the beginning of the year was elevated at the end of the first quarter with financial support received from African women working in Geneva, Switzerland. This was supported with the little donation from the Karura Community Chapel (KCC) in Nairobi, family and a well-wisher.

The main strategic priorities of harvesting resources from within and from outside was enhanced to spur interest in education both at primary and secondary school level.

Collaboration was maintained to foster peace and engendering social and ethnic cohesion and accountability at projects and community level. The Organizing capacity of women into economic capital was initiated and strongly and firmly getting established. The Organization revisited its strategies and targeted the very vulnerable and needy persons in the communities. Gender disparities were also addressed and strong lobbying forums established. FASAL intervention aimed at achieving real transformative change in economic empowerment of women particularly widows and single mothers.

### **ACHIEVEMENTS:**

The organization as mentioned earlier re-visited its strategies and focused more on strategies towards access of quality education for the vulnerable and needy children. Besides supporting those who have been returned home with their



personal needs of clothing and pocket money, scholarships were sought for those going to high schools and/ or already in schools but experiencing difficulties in paying their school fees. At the close of the year, scholarship for 4 (four) boys and 4 (four) girls were obtained on top of previous 6 girls and 2 boys who have had similar offer courtesy of the Organization. The Organization now looks after a total of 16 students in High School who report back at every end of the term with academic performance as well as fees structures for the subsequent term.

These are scholarships offered courtesy of Kenya Education Fund an Ngo registered in Kenya who provide disadvantaged students with support and educational resources so that they may improve their communities and break the cycle of poverty in Kenya. Their Mission is at per with FASALS Vision and they have partnered with us to achieve the goals.

Similarly APA Insurance Company through their social obligation has sponsored 3 students until they complete their high school education. These students are expected to work hard in school in order to maintain their scholarships, thus a close monitoring and mentorship programmes developed by the Organization.

A noble initiative with the main aim of providing sustainable lighting solution tailored to the arid and semi arid areas were initiated towards the last quarter of the year. FASAL aims at lighting Manyattas of the poor communities in Marsabit County which is an arid and semi-arid area of Northern Kenya. Towards these efforts, 150 (one hundred and fifty) solar lantern lamps were purchase and distributed to primary school candidates for their final primary school examinations prior to help them to pass their exams better transiting to high schools.

The "green" solar lamps costs only Ksh. 1,000 and lasts over 5 years with a warranty of 2 years. These lamps provide an economic, healthy and environmentally friendly alternative to kerosene lamps. The main aim is to enhance access to healthier, cheaper and more efficient sources of clean energy thereby improving livelihoods. Additionally, Kerosene lamps are fire hazards and inhaling the toxic fumes from the kerosene is detrimental to the health of the family and pollutes the environment.

Alongside the above distribution of the "green" solar lamps, sanitary towels were also provided to the bigger girls in those schools to ensure that they do not miss their classes during their menstrual cycles.

The saloon and soap making services continued and extra income was generated for emergency cash requirements.

### **CHALLENGES**

- ➤ Lack of reliable funding which led to closure of the earlier established children rescue home.
- Finances to pay promptly for staff salaries and rents.
- ➤ Un-affordable rents as a result of high competition of houses to let.
- Drought has made it the resources of the fuel, food stuff and water very scarce and costly often.
- Lack of enough sustainable income.

### **ANTICIPATED ACTIVITIES FOR 2015**

Given availability of funds, the Organization intends to:-

> Strengthen the scholarship programme by providing sponsorship to more needy students – approximately 20 (twenty) (ten boys and ten girls) this will require Ksh. 1 Million every year.

Build own structures for a Rescue Centre instead of hiring from outside – Ksh.
 2.5 million

➤ Provide at least 1000 homesteads with solar lantern lamps – Ksh. 1 million. You can make a difference and contribute to lighting up Marsabit County by making a donation to buy the solar lamps.

### CONCLUSION

The Organization appreciates all those who have assisted in one way or another for Organization to reach this far. As you see from the report the needs are still numerous and we are yet to finally stand on our own. Your collaborative efforts will highly be appreciated.

REPORT BY:

JOHN G. OCHE
PROGRAMME MANAGER
FASAL – MARSABIT

APPROVED BY:

MARTHA L. MUDE
EXECUTIVE DIRECTOR

**FASAL-MARSABIT** 

# FOUNDATION FOR ARID AND SEMI AREID LANDS (FASAL) DONATIONS/INCOME-2013

DONORS	MOUNT DONATED
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Karura Community Chapel	120,000.00
Mr. & Mrs. Gerrit Jan Pieltjes	97,500.00
African Women working at UN in Geneva Switzerland	258,000.00
Ako Lalo's Grand child and classmates in Camberra-Australia	31,000.00
Open Society Initiative for East Africa (OSIEA/FOSI)	1,000,000.00
Friends/Family & well wishers	120,000.00
FASAL's Board Members ( Annual Subscription)	65,000.00

GRAND TOTAL KSHS 1,691,500.00

## **DONATIONS/ INCOME - 2014**

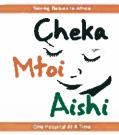
DONORS	AMOUNT DONATED
Karura Community Chapel	255,750.00
Mr. & Mrs. Gerrit Jan Pieltjes.	105,625.00
African Women Working at UN in Geneva Switzerland in Mar	ch & July,
2014	<u> </u>
Sub-Total Ksh	726,602.00
Friends/ Well Wishers	350,000.00
FASAL's Board Members (Annual Subscription)	90,000.00
Income Generating Activities	174,797.00
Sub-Total Ksh.	615,024.00
GRAND TOTAL KSHS	1,341,626.00

# FOUNDATION FOR ARID AND SEMI-ARID LAND [FASAL] EXPENDITURE 2014-MARSABIT

8,500     8,500     8,500       500     500     500       1,500     1,500     1,500       1,000     1,000     1,000       1,400     2,380     3,400       -     -     -       -     -     -       -     -     -       -     -     -       -     -     -       -     -     -       -     -     -       -     -     -       -     -     -       -     -     -       -     -     -       -     -     -       -     -     -		
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4	RESCUE CENTRE												i	
	<b>OPERATIONS</b>													
	-Rent for hire of the centre	12,000	12,000	12,000	15,000	15,000	15,000	15,000	15,000	15,000	15,000	15,000	15,000	171,000.00
	-Food stuff/supplement	2,000	5,000	5,000	2,000	5,000	5,000	5,000	3,000	2,200	ı	ı	ı	40,200.00
	-Electricity/water, fuel wood.	4500	4320	4660	5200	2900	3100	2500	1800	0091	2100	3980	1700	38,360.00
	-Medical expenses and drugs	4320	1800	2350	2180	1650	3,600	3250	-	ı	ı	1	1	19,150.00
	-Fees/uniform/education materials	38,000	4750	2000	i	29580	ı	0059	ı	35000	ı	1	ı	116,100.00
	Sub-total	ī	1	ī	1	1	ŀ	ŀ	I	1	l	1	1	384,810.00
S	HEAD-OFFICE EXPENCE -Nairobi head office rents	30.000	30.000	30,000	30,000	30.000	30.000 30.000	30,000	30,000	30,000	30,000 30,000		30,000	360,000.00
	Admin/running cost				h	•		`		•	`			,
								·						360 000 000
	Sub-total		í.	ı	1	I	1	ı	ı		I	I	I	300,000,00
	GRAND TOTAL KSHS.	Ĉ	f.	1	1	ř	F.	Č:	1	1	ı	I	1	1,341,390,00







### PHASE II HEATER DONATION BY UNFCU- FINAL REPORT

### **Executive Summary**

Cheka Mtoi Aishi (Laugh & Save A Baby) a charity initiative that combines comedy and medicine to donate equipment like room/ space heaters to hospitals to save babies from death to hypothermia. Hypothermia is low body temperature (below 36.5°C) which may be caused by the difference between womb temperature of 36.6°C and room (external) temperatures of 30°C or even 12°C (in places like Limuru, Timau etc).

Babies born preterm i.e. before 9 months are more at risk of death if warmth is not provided in the first 5 minutes of life. Ideally, every newborn should be warmed with a heater in the first 5 minutes of life to ensure they do not go into hypothermia or contract pneumonia. Kenya has over 9,000 hospitals, half of which are public hospitals. Public health facilities are our highest priority since they are unable to buy heaters due to the inadequate funding to the health sector.

### **Achievements**

### **Donations**

Thanks to the donation by UNCFU, through Harambee4Africa, Switzerland of CHF 1290 which translated to KES 123,500.00 we bought and donated twenty room heaters for needy hospitals in the following counties:

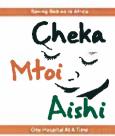
Meru County
 Migori County
 Kiambu County
 heaters
 heaters
 heaters

Members of the Ministries of Health in the three Counties that benefitted expressed deep gratitude to you and Cheka Mtoi Aishi for the heaters which will go a long way to transform the quality of healthcare. Kiambu County received the largest number of heaters since Limuru (one of Kenya's coldest areas) is located here. Kiambu County is our area of priority for now till we place heaters in each of the 103 public health facilities in this county.

### **Transform Kenya Awards (TKA)**

During the period of the donation, the CEO of Cheka Mtoi Aishi Trust was privileged to win first runner up in the Transform Kenya Awards, Health Category on 19<sup>th</sup> July 2014. The event was televised live on national TV (Ktn) and an article printed on the 2<sup>nd</sup> August 2014 in the Standard Newspaper. UNFCU/ Harambee4Africa were mentioned as one of the few kind organizations that have supported the Trust to date. We were able to donate 6 heaters to Migori County through Ms Pamela Sombe, the Winner in the health category. She won for helping mothers deliver safely in her county (a photo of the newspaper on page 5 below. No online version available).







### A few kind statements from beneficiaries:

"Thank you. These will go a long way to save the lives of our neonates in the wards and newborn units!" (From an email by Dr Jonah Mwangi, Minister for Health Kiambu County)

"As a Health Management Team, we are grateful to UNFCU and Harambee4Africa for facilitating Cheka Mtoi Aishi in the donation of heaters. Two large hospitals and two health centers have benefitted. This will go a long way in reducing infant mortality in this region" (Dr Job Mwale, Medical Officer In Charge of Tigania East Sub County, Meru County)

"Thank you very much for partnering with us to save babies born to the mothers we save!" (Ms Pamela Sombe, Winner Transform Kenya Awards, Health Category- Migori County)

Photos on pages 3 and 4 below. We tweeted the photos tagging UNFCU, "hash tagging" Harambee4Africa (#Harambee4Africa) and posted on Facebook each time we donated. The posts received several hundred views.

### Challenges and solutions

We faced some minor challenge during this period of donation, but we were able to surmount

The target dome time to the needed during this peri	od or donation, but we were upic to surmount
Challenge	Solution
Extra costs incurred e.g. transportation costs	We injected private funds

### **Conclusion:**

The support by UNFCU through Harambee4Africa Switzerland will go a long way in saving babies in the hospitals that benefitted from the 20 heaters. We approximate that the heaters will save at least 600 babies every month assuming each heater warms one newborn per day.

We remain eternally grateful to you and we hope this collaboration shall continue for the benefit of this huge, noble, continental cause. The babies, parents and health work force of Kenya thanks you!

Report compiled by:

Dr David Wasambla. CEO & Founder. 24<sup>th</sup> August 2014





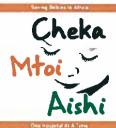
### **Photos of donations**



Ms Murugami the Nurse in Charge of Kiambu County receiving heaters



11 heaters donated to Kiambu County, 9 from UNFCU & Harambee4Africa



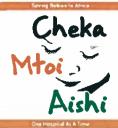




Ms Pamela Sombe (Right- Nurse; Winner Transform Kenya Awards) receiving 6 heaters for Migori County with Ms Rachel Anyango (Left- Nurse in Charge of Reproductive Health, Migori)



Dr Job Mwale, Medical Officer In Charge, Tigania East, Meru County receiving 5 heaters



Lough And Save A. Baby,

0721 513 963 0732 513 963 www.cmacomedy.org info@cmacomedy.org wasambla@cmacomedy.org

### Photos of newspaper article



Newspaper article (Standard Newspaper) on Cheka Mtoi Aishi and Transform Kenya Awards

# Links to Cheka Mtoi Aishi© articles and footage

### 1. YouTube- K24

https://www.youtube.com/watch?v=Y2x4NydJ65o

### 2. YouTube- Real Househelps Of Kawangware (RHOK)

https://www.youtube.com/watch?v=7WDRP9V-eto

### 3. YouTube- Eveready Watchman

https://www.youtube.com/watch?v=FNGLVwQeqRk

### 4. YouTube- Hapa Kule News

https://www.youtube.com/watch?v=I96VxOZz1yg https://www.youtube.com/watch?v=k8eg4XmqHbI https://www.youtube.com/watch?v=5P4PitThr-Y

https://www.youtube.com/watch?v=0VgfheDhwYM

### 5. YouTube- Taifa Leo- Swahili Hub

https://www.youtube.com/watch?v=ueFWOdV0KRw

### 6. The Star

http://www.the-star.co.ke/news/article-129096/doctor-feted-keeping-kids-warm-laughter http://www.the-star.co.ke/news/article-131584/heaters-two-embu-hospitals http://www.the-star.co.ke/news/article-141160/medic-feted-using-jokes-help-babies

### 7. The People

http://www.thepeople.co.ke/61388/heaters-save-newborn-babies-initiative-launched/http://www.thepeople.co.ke/11097/comedy-doc-warms-his-way-to-top-award/http://www.thepeople.co.ke/6735/doctors-dose-of-laughter-to-save-babies/http://www.thepeople.co.ke/28470/amid-the-madness-good-things-are-happening/

### 8. The Standard

http://www.standardmedia.co.ke/?articleID=2000089655&story\_title=Kenya-medic-tickles-the-funny-bone-in-drive-to-save-new-borns
http://www.standardmedia.co.ke/?articleID=2000094474&story\_title=Kenya-laughter-is-a-lifesaver

### 9. Business Daily

http://www.businessdailyafrica.com/-/539546/1923396/-/ros61c/-/index.html

### 10. Kenya News Agency (KNA)

http://kenyanewsagency.go.ke/?p=17790

http://kenyanewsagency.go.ke/?p=9449

http://kenyanewsagency.go.ke/?p=4429

http://kenyanewsagency.go.ke/?p=4352

### 11. Other articles

### KenyaKidz Online

http://www.kenyakidz.com/new/index.php?option=com\_content&view=article&id=941:heaters-save-babies-lives-notes-comedian-wasambla&catid=13:baby-care&Itemid=365

The Star Gospel Laughs http://www.the-star.co.ke/news/article-94097/gospel-laughs-show-thriller

### The Voicebox; an American Online Newspaper

http://thevoiceboxmedia.org/saving-babies-in-kenya-one-hospital-at-a-time/?show=slide